

Clinic Name: Health and Wellness Center

Location: 1751 1st Street E., Bldg. 999

Hours of Operation: Monday – Friday 0730 to 1630

Phone number: 210-652-2300

Fax number: 210-652-3982

Training Days (if applicable): Last Wednesday each month. Close at 1200

Services provided: Prevention Programs, Relaxation Room, Unit Briefings, Tobacco Cessation, Body Fat Analysis, Educational Resources

How do I make an appointment? Walk-Ins welcome, People Helping People Website, Provider Referral